



Two-day Leader Training
Saturday, February 17, 2023, 8:30 am to 6:00 pm
Sunday, February 18, 2023, 12 pm (noon) to 5:00 pm
At NAMI Massachusetts office in Woburn, MA

NAMI Family-to-Family is a free, 8 or 9-session educational program for family, significant others and friends of people living with mental health conditions.

A NAMI Family-to-Family teacher is a trained NAMI leader who plays an important role in ensuring that all participants feel welcomed and supported.

NAMI Family-to-Family teachers are uniquely qualified to lead a class because they love and support a person living with a mental health condition. Teachers therefore can empathize with and encourage those who are just beginning or continuing their journey with a loved one. A NAMI Family-to-Family teacher ensures that the class achieves the educational objectives.

NAMI Family-to-Family teachers are volunteers who become certified by completing a self-paced 2-hour pre-training online module and then attending and graduating from one-and-a half-day in-person training. The training is designed for teachers to learn and practice specific skills that will guarantee a meaningful and informative educational experience for all participants. After the training, certified teachers know how to deliver class content, encourage collective thought, and direct energy towards productive outcomes. Teachers make use of a class manual and facilitations skills to ensure participants experience a safe learning environment. Teacher trainees must go through an application and screening process before being approved to attend a training event.

Teacher Trainee Prerequisites:

- Prospective teachers must be parents or other primary caregivers of an adult with a mental health condition.
- All NAMI teachers must be at least 18 years of age and members of NAMI.
- Prospective NAMI Family-to-Family teacher trainees are asked to co-teach a minimum of two courses. Each teacher's contribution for teaching one course is acknowledged with a \$400 stipend.

All meals and program supplies are provided free of charge to all trainees.

Hotel accommodation is provided for trainees from far-flung affiliates.

For more information on how to get started, please contact Ilya Cherkasov at 617 286 7607 or icherkasov@namimass.org.

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